Different aspects of food quality (Fair trade, Food miles)

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What is the food quality?

- the quality characteristics of food that is acceptable to consumers

- external factors - size, shape, colour, gloss and consistency, texture and flavour
Quality characteristics

- Quality characteristics include:
  - sensory properties
  - chemical composition
  - microbiological examination and evaluation
Organic / conventional food quality

- Conventional
  - higher nitrate
  - lower vitamin C
  - more residues of pesticides, heavy metals

- Organic
  - non-toxicity of food
  - more vitamins
  - more biocompounds
  - more protein
  - better taste?
Type of food quality

Product quality is defined as the sum of a product:

Specifies the following information:

- nutrients
  (proteins, fats, carbohydrates, minerals, vitamins and water)

- appearance and sensory factors
  (shape, color, smell, taste)
Type of food quality

- technological factors
  (texture, structure, etc.)

- hygiene factors
  (substances that reduce the quality of the content, the number of microorganisms)
  ◦ For example: 2006 North American E. coli
Supervisory authorities in ČR

- Czech Agriculture and Food Inspection Authority
  - state supervision in food production and placing on the market
  - the entry and imports of food and raw materials from third countries
Project of regional food (ČR)

- quality, local ingredients, traditional recipes and excellent taste
- promotion of small and medium-sized producers from regions
Food miles:

- are a way of attempting to measure how far food has travelled before it reaches the consumer
This poster indicates roughly how much energy each form of transportation uses and how much carbon dioxide it produces. As any car driver knows, these figures depend a great deal on how the vehicle is driven, the vehicle’s condition and technology, and the weather. These are some of our best guesses of industry-wide averages based upon the existing literature.
Local Food Distribution

- start on smaller, sustainable family farms
- farm products are transported over shorter geographic distances
- generally processed either on the farm itself, or with smaller processors
Local Food Distribution

- Sustainable/local food distribution networks rely on two primary markets:
  - the direct-to-consumer market
  - the direct-to-retail foodservice and institution market
Food miles – primary energy requirement per kg of locally-grown versus apples imported from New Zealand in April

<table>
<thead>
<tr>
<th>Home-grown, local fruit</th>
<th>Energy per unit [per kg, t, km or day]</th>
<th>Primary energy requirement [MJ/kg apples]</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apple cultivation</td>
<td>2.8 MJ/kg(^1)</td>
<td>2.800</td>
</tr>
<tr>
<td>20 km transport to Meco</td>
<td>3.47 MJ/t/km(^2)</td>
<td>0.069</td>
</tr>
<tr>
<td>Initial cooling</td>
<td>86.3 kJ/kg(^3)</td>
<td>0.086</td>
</tr>
<tr>
<td>150 days CA storage at 1°C in Meckenheim</td>
<td>5.4 kJ/kg/day</td>
<td>0.810</td>
</tr>
<tr>
<td>Packaging</td>
<td>650 kJ/kg</td>
<td>0.650</td>
</tr>
<tr>
<td>40 km in &lt; 28 t truck to wholesale market Roisdorf</td>
<td>2.32 MJ/t/km(^2)</td>
<td>0.093</td>
</tr>
<tr>
<td>150 km &lt; 40 t truck to retail</td>
<td>1.38 MJ/t/km(^2)</td>
<td>0.207</td>
</tr>
<tr>
<td>Cooling on truck 95 km</td>
<td>0.3 MJ/t/km</td>
<td>0.028</td>
</tr>
<tr>
<td>Consumer shopping 6 km(^4)</td>
<td>3.83 MJ/km(^4)</td>
<td>1.150</td>
</tr>
<tr>
<td>Local fruit</td>
<td>5.893</td>
<td></td>
</tr>
</tbody>
</table>

\(^1\) Pimentel (1979); \(^2\) Frischknecht et al. (1994); \(^3\) Hochhaus et al. (1994); \(^4\) Kjer et al. (1994)
Food miles – primary energy requirement per kg of locally-grown versus apples imported from New Zealand in April

<table>
<thead>
<tr>
<th>Import from New Zealand</th>
<th>Energy per unit [per kg, t, km or day]</th>
<th>Primary energy requirement [MJ/kg apples]</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apple cultivation</td>
<td>2.8 MJ/kg(^1)</td>
<td>2.100</td>
</tr>
<tr>
<td>40 km transport to Nelson</td>
<td>3.47 MJ/t/km(^2)</td>
<td>0.139</td>
</tr>
<tr>
<td>Initial cooling</td>
<td>86.3 kJ/kg(^3)</td>
<td>0.086</td>
</tr>
<tr>
<td>23,000 km reffer Nelson-Antwerp(^3)</td>
<td>0.11 kJ/kg/km(^3)</td>
<td>2.534</td>
</tr>
<tr>
<td>28 days cooling on board(^3)</td>
<td>10.8 kJ/kg/day(^3)</td>
<td>0.302</td>
</tr>
<tr>
<td>Packaging</td>
<td>650 kJ/kg</td>
<td>0.65</td>
</tr>
<tr>
<td>200 km in &lt; 40 t truck to regional distribution centre</td>
<td>1.38 MJ/t/km(^2)</td>
<td>0.276</td>
</tr>
<tr>
<td>150 km &lt; 40 t truck to retail</td>
<td>1.38 MJ/t/km(^2)</td>
<td>0.207</td>
</tr>
<tr>
<td>Cooling on truck 175 km</td>
<td>0.3 MJ/t/km</td>
<td>0.055</td>
</tr>
<tr>
<td>Consumer shopping 6 km(^4)</td>
<td>3.83 MJ/km(^4)</td>
<td>1.150</td>
</tr>
<tr>
<td>Imported fruit</td>
<td></td>
<td>7.499</td>
</tr>
</tbody>
</table>

Pimentel (1979); 2 Frischknecht et al. (1994); 3 Hochhaus et al. (1994); 4 Kjer et al. (1994)
Fair trade

Fairtrade is:

- an alternative approach to conventional trade
- based on a partnership between producers and consumers

Fairtrade offers:

- producers a better deals
- improved terms of trade
- consumers a powerful way to reduce poverty through their every day shopping
What are the Principles of Fair Trade?

- creating opportunities for economically disadvantaged producers
- payment of a fair price (minimum floor price for their product)
- community Development (the social premium)
- Fair Labor Conditions
- Environmental Sustainability
Fair trade and quality

- are often higher quality than other products because the Fair Trade system provides incentives for farmers to improve the quality of their products
- for example, most Fair Trade coffee is also single origin, which enhances the quality of the coffee
How can I identify Fair Trade products?
Fair trade products

- coffee
- tea
- cocoa
- fruit
- sugar
- honey
- rice
- quinoa
- vanilla
- olive oil
- flowers
- spices
- wine
Thank you for your attention!